

# 2016 AppleJack Fun Run & Walk

Please join us for the 13th annual 5 mile run/walk through beautiful Nebraska City on Saturday morning, September 17th. We encourage participation of everyone from the beginner to experienced road runner as proceeds from this event go back into the Nebraska City community.

The non-refundable entry fee is \$25 by September 1. Entries after September 1 will be \$30. All participants will be registered for special prize drawings and entries received by September 1 are guaranteed a t-shirt.

Our fun run start/finish is back at home in Steinhart Park for 2016! Plenty of free parking is available at Nebraska City High School, 141 Steinhart Park Drive. Showers and changing facilities are available at The Ambassador Wellness Center.

Questions?  
Karen Barr: [kabarr@windstream.net](mailto:kabarr@windstream.net)  
(402) 209-0941

**7:00 am**  
**Registration &**  
**T-shirt pick up begins**

**\*\*\* 7:30 am \*\*\***  
**5 mile Fun Run/Walk Begins**

**9:00 am**  
**Kid's Fun Run Begins**

Plan to stay in town to enjoy the  
Nebraska City AppleJack festivities!  
Contact the Nebraska City Chamber of  
Commerce for a complete listing of all  
AppleJack activities:  
(402) 873-6654 or  
[www.gonebraskacity.com](http://www.gonebraskacity.com)

**Register online @**  
**[www.runrace.net](http://www.runrace.net)**  
**Save \$5 with the promo**  
**code "APPLE" before 8/1!**

*The AppleJack Fun Run & Walk is brought to you by the Alpha Omega Chapter of Beta Sigma Phi. This women's group is committed to serving our community & will use the proceeds from this event to do just that. For more information about our group, please contact the run director or ask one of the fun run volunteers!*

## KIDS FUN RUN

Join us for a Kid's Fun Run,  
a one-mile loop  
for children 12 and under. This  
event is FREE; however, all must  
complete the entry form & waiver  
with a parent or guardian's  
signature.

T-shirts will be available for  
purchase for kids pre-registering for  
the event but are not  
required for participation.  
A limited number of shirts will be  
available for purchase on  
race day.

**All kids participating in the run will  
receive an award.**

**APPLE  
JACK**  
**FUN RUN & WALK**  
**2016 • NEBRASKA CITY**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Age \_\_\_\_\_  
Email address \_\_\_\_\_

Choose Event:

**5 mile Fun Run/Walk** or **1 mile Kid's Run**

Choose your t-shirt size (add \$1 for XXL):

Adult Sizes **S M L XL XXL**  
Youth Sizes **S (6-8) M (10-12) L (14-16)**

Entry fee before Sep. 1—\$25

***ONLINE REGISTRATION—Save \$5  
with the promo code "APPLE"  
[www.runrace.net](http://www.runrace.net)***

Late entries after Sep. 1—\$30

Youth shirts—\$15 (\$20 after 9/1)  
(T-shirts NOT guaranteed for late entries.)

***PLEASE MAKE CHECKS PAYABLE TO :  
Alpha Omega AppleJack Fun Run***

Mail entry form and checks to:  
Karen Barr  
127 S. 56th Road  
Nebraska City, NE 68410

In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against The City of Nebraska City, Nebraska City Chamber of Commerce, Alpha Omega Chapter of Beta Sigma Phi, the sponsors and organizers of the event, their agents, representatives, successors and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to participate in this event.

Participant (or parent, if 18 & under) must Sign/Date

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FUN RUN & WALK  
2016 • NEBRASKA CITY**

**5 mile Fun Run & Walk  
and 1 mile Kid's Run**

**Start/Finish Point:  
\*\*Steinhart Park\*\***

**Register online:  
[www.runrace.net](http://www.runrace.net)**

***Sponsored by the  
Alpha Omega Chapter of  
Beta Sigma Phi Sorority***